



FQEFS (Quebec) — 21 August 2025

Date	21 August 2025
Format	Video call
CF3	Simon Damborg, President
FQEFS	Joanie Lebel, Mathieu Potvin

WHY WE MET

Quebec has the most developed provincial season in the country. CF3 met the Fédération québécoise to align the Quebec and national seasons, and the governance behind them, for the next cycle.

WHAT WE TALKED ABOUT

Feedback from the 2025 Nationals' two-location format and possible Eastern locations for future events, including the Ottawa and National Capital Region. Quebec's club-affiliation and online-qualifier model and how a similar structure could support a unified national season. The path to National Sport Organization recognition: unified qualification processes, technical-official databases and standardised governance documents. Functional fitness in schools for physical education credit, and a possible national school-programs effort. French-language technical-official training materials.

WHAT IT MEANS FOR MEMBERS

A clearer route from the Quebec season into the national one, Team Canada information reaching Quebec athletes in both languages, and a provincial model that other provinces may follow.

WHAT HAPPENS NEXT

CF3 is aligning provincial and national governance documents, sending the Team Canada World Championship information to FQEFS for its athletes, sharing the Quebec season model with other provincial bodies, reviewing course and venue consistency across locations for future Nationals, and holding a follow-up meeting on a school-based movement database.