

CF3 Board: record of decisions

Meeting of 24 July 2022. Virtual.

Decided

The 2022 CF3 championship is set for 4 September 2022 at L'Usine in Repentigny, on the north shore of Montreal: six tests in a row, in heats of six.

An online CF3 store will open with a Canadian apparel partner.

A 2023 roadmap was proposed to get functional fitness recognised as a sport in Canada, in six areas:

- **New provincial federations:** reach the seven needed for recognition by the end of 2023, with each existing federation guiding a neighbouring province (British Columbia for Alberta, Ontario for Manitoba and Saskatchewan, Quebec for New Brunswick and Nova Scotia) and CF3 guiding Prince Edward Island.
- **Club and athlete registration:** a clear registration process with real benefits for clubs, and a sanctioned competition in each province in 2022–23 that does not affect qualification.
- **Coaching curriculum:** a committee to build at least one coaching path by the end of 2023.
- **Long-Term Athlete Development plan:** finish the draft, translate it into French and prepare it for government submission.
- **Technical official training:** Level 1 to 3 courses and in-person training, aiming for 200 trained officials for the 2023 Masters World Championships.
- **Qualification:** until there are seven provincial federations and 5,000 active members, CF3 runs nationwide qualifiers (the same tests everywhere, at several locations, with video as a fallback) and the Canadian Championships.

A record of decisions taken. The minutes of this meeting are held for the board.