

CF3 Board: record of decisions

Meeting of 23 April 2023. Virtual.

Decided

The 2023 CF3 qualifiers become the CF3 championship. There were not enough members, money or time for a separate championship, so athletes who qualify there qualify for the World Championships.

****The board discussed emailing Masters athletes who had not submitted video and giving them an extended deadline.**** The submission form had not asked for video, which caused the confusion.

CF3 will connect with U Sports to bring functional fitness into university sport, as iF3 explores the FISU games. A committee with a member from each province was proposed for this work.

****CF3 will bring the True Sport program into the federation and the 2023 World Championships,**** and encourage the provincial federations to do the same.

****From the 2023–24 season, only athletes from provincial qualifiers can compete at the CF3 championship,**** and a category with fewer than five athletes is cancelled. Each province needs technical officials to review its qualifiers, and athletes communicate through their provincial lead. Athletes in a province without a federation join a neighbouring one, with clear boundaries (for example, the Maritimes with Ontario).

Training camps were proposed to raise funds for uniforms and build team spirit.

A record of decisions taken. The minutes of this meeting are held for the board.