

RECORD OF DECISIONS



Canadian Functional Fitness Federation

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PUBLIC RECORD OF DECISIONS

CF3 publishes what its board decided. This document lists the resolutions carried at this meeting; it does not reproduce the discussion behind them, the attendance list, or anything dealt with in the closed session — personnel, complaints, legal advice, commercial terms, and anything concerning a minor. The full minutes are approved by the board and held on the CF3 governance register.

Nationals Debrief — Canadian Functional Fitness Federation (CF3)

August 25, 2026

Virtual (Tactiq AI-transcribed)

DECISIONS

1. Paid vs. Unpaid Ticket Terminology and Communication Confusion

DECISION / AGREEMENT

No immediate terminology change enacted for this season. Agreed that all future public communications must be reviewed by the board before release, with explicit attention to English/French nuance.

2. Minimum Work Requirement — Policy Fairness and Athlete Impact

DECISION / AGREEMENT

No policy change enacted at this meeting. Shoko committed to bringing the minimum work requirement dispute to the board urgently for a formal vote.

3. Governance — Decision-Making Process and Committee Authority

DECISION / AGREEMENT

Going forward, committee proposals must be submitted in writing; the board will vote and record decisions formally. Informal WhatsApp approvals will not constitute board decisions.

4. East Venue Debrief (Montreal)

DECISION / AGREEMENT

Pre-event cross-check between Circle 21 schedule and physical copy to be added as a mandatory step. Dumbbell rules and all movement standards must be confirmed with all referees at the pre-event briefing.

5. Central Venue Debrief (Calgary)

DECISION / AGREEMENT

Volunteer registration process must be simplified before next season. Judge training to be offered throughout the year, not only pre-event.

6. West Venue Debrief (Simon's Notes + Michelle's Athlete Perspective)

DECISION / AGREEMENT

Judging standard consistency to be addressed through cross-venue training. Shaker cup distribution gap to be investigated. Simon's recommendations formally submitted to the board.

7. Workout Programming — Balance and Skill Level

DECISION / AGREEMENT

Programming feedback to be compiled and submitted to the programming committee for review ahead of next season planning.

8. Senior Team — Online Qualifier for Scotland Worlds

DECISION / AGREEMENT

Shoko to bring the proposal to the board for approval. If approved, qualifier to launch first week of October with a 5-6 day submission window and team selection by October 17th.

9. Next Season Planning — Proposal Process

DECISION / AGREEMENT

All next-season change requests must be submitted as written proposals. The board will not act on unwritten suggestions.



Next Meeting: Not scheduled — board meeting date TBD

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