

National Championships Committee — record of decisions

Meeting of 4 August 2026. Virtual.

Decided

Run course formats were settled by location. The East course is a two-kilometre out-and-back rather than a short repeated loop; Central and West use a repeated 200-metre out-and-back where the available space requires it. Final measurements were to be confirmed by the East location lead.

Event programming order: tests begin with endurance elements and finish with power, where each venue allows. Programming follows IF3 movement standards.

A scaled community division is available for athletes not performing the full movements.

Minimum work requirements are assessed after scores are in , rather than enforced as a pre-event cut-off.

****Top-three finishers per division who enter the World Championship qualify for the federation's equipment support****, with the arrangement to be recorded in writing rather than left as an undertaking made at a meeting.

The athlete-facing schedule is to be published by the Wednesday evening before the event , and the Saturday running order compressed so that athletes are not left with long gaps between heats. Larger divisions may be split into waves for the same reason.

Carried forward

Judge recruitment and training coverage, merchandise, and event photography.

A record of decisions taken. The minutes of this meeting are held for the committee.